

Cooking makes a comeback

Written by Administrator

Thursday, 13 November 2008 16:52 - Last Updated Friday, 23 January 2009 21:22

In January 2008, as part of the Government's obesity strategy, Secretary of State for Children, Schools and Families Ed Balls announced that cookery lessons would be made compulsory for 11- to 14-year-olds. "Leaving school able to cook healthy dishes from scratch is an es



sential everyday skill all young people should have," he said. "It is at the heart of tackling obesity."

The reintroduction of cookery to the curriculum follows less than a year after the Government's previous measure to offer secondary school children an 'entitlement to cook'. From September 2008, pupils at secondary schools without cooking facilities will have the 'right' to 24 hours of cookery lessons, until cookery lessons become compulsory in 2011.

This entitlement dates back to September 2006 when the Government acknowledged that children should know more about preparing healthy food, but stopped short of introducing it in all schools.