Cheese Aigrettes

Written by Administrator Saturday, 08 August 2009 13:51 -

Cheese Aigrettes recipe

Ingredients & Quantities

- 140g of Plain Flour
- 70g of Margarine
- 3.5 Eggs
- 330ml of Water
- 110g of Grated Cheese
- Pinch of Mustard
- 1/4tsp of Salt

Method

- 1. Heat the margarine, water and salt together and bring to the boil. Remove from the heat and add all the flour, all at once.
 - 2. Stir until the mixture forms a ball, leaving the sides of the pan clean.
- 3. Turn the mixture in to a mixing bowl, beat, cool slightly and then very gradually add the beaten eggs and beat all together until the mixture is light and smooth.
 - 4. Add the cheese and mustard to the mixture.
- 5. Heat the oil in a deep fat fryer to around 360F, portion up the mixture in to balls and drop in to fat. Cook until golden brown and they have risen.
 - 6. Garnish with parsley and paprika.